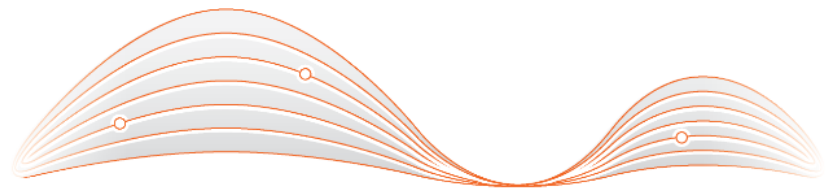


GOT PAIN?

Find out how to take control! Join us for a free, informative seminar brought to you by:



Neuromuscular Studio

Certified Neuromuscular and Medical Massage Therapy

Do you suffer from chronic back pain that is triggered by daily activities like sitting at a desk, driving or lifting? This free presentation by Chandler Physical Therapy and The Neuromuscular Studio will show how these therapies can be used to target myofascial tissue to relieve low back pain. Neuromuscular therapy, a specialized form of massage that targets trigger points to relieve pain, can complement traditional physical therapy and help maintain and/or enhance results. The presentation will include information about anatomy, causes of low back pain, movement screenings, dry needling demonstrations and sample stretches and exercises. The presentation will be held on:

Saturday, June 22 from 10-11:30 a.m. at Chandler Physical Therapy (5590 W. Chandler Blvd., Suite 4, Chandler).

